

# **Instructor Class Schedule**

## **LIFEGUARD INSTRUCTOR**

January 14-23, 2016 - 4 classes Activity #98096 Tue/Thurs - 5pm-8:30pm Sat - 9am-5pm

#### **Prerequisite:**

- Must be 17 years of age
- Currently certified as ARC Lifeguard
- CPR/AED for Lifeguards, and First Aid Certified

Coursework certifies participants to teach American Red Cross Lifeguard Training.

Prerequisite: Must be 17 years of age and currently certified as ARC Lifeguard and able to demonstrate all skills sufficiently. Participants will also be required to complete an online pre-course prior to the first day of class.

Registration closes January 7, 2016.

### WATER SAFETY INSTRUCTOR

February 18-27, 2016 - 5 classes Activity #98097 Tue/Thurs - 6pm-9pm Sat - 9am-3pm

#### **Prerequisite:**

- Must be 16 years old
- Able to swim the four competitive strokes, sidestroke, and elementary backstroke

This course is designed to teach the necessary skills needed to provide aquatic instruction. Upon completion, students are qualified to teach American Red Cross swimming and water safety classes.

Prerequisites: Must be 16 years old, able to swim the four competitive strokes, sidestroke and elementary backstroke. Participants will also be required to complete an online pre-course prior to the first day of class.

Registration closes February 11, 2016.

Fees: \$225 (R/GO)/\$280 (N)

Location: San Ramon Olympic Pool

More information will be given upon registration.



# San Ramon Parks & Community Services

9900 Broadmoor Drive · T: (925) 973-3240 · F: (925) 828-3427 · <u>www.SanRamon.ca.gov/parks</u>

Register: SanRamonRecGuide.com · Tickets: SanRamonPerformingArts.com · Email: parks@sanramon.ca.gov